

1. Immunization Checklist

- Make an appointment with a healthcare provider, WIC or call 1-800-CDC-info (232-4636)
- Get an immunization tracking card from your child's doctor or state health department.
- Print and use CDC's birth-6 years well-visit immunization and developmental tracker.
[Click here to download this tracker >>](#)
- Ask your doctor to enter the vaccines your child has received in your state's immunization information system (IIS). An IIS is a statewide immunization registry. Doctors and public health clinics use the IIS to save and update immunization records.

2. When you maintain a copy of your child's immunization record:

- Keep the record in a safe place where you can easily locate it.
- Bring it to each of your child's doctor visits.
- Ask the doctor or nurse to jot down the vaccine given, date, and dosage on your child's immunization record.
- Write down the name of the doctor's office or clinic where your child got the vaccine so you know where to get official records when you need them.